

FOOTPRINTS *to* 
Happiness

Pocket Guide

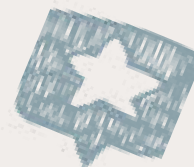
PERU





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Country Overview



- Located in south america & surrounded by 5 countries (Bolivia, Brasil, Colombia, Chile, Ecuador)
- The capital of Peru is Lima – located on the pacific coast
- Known for its colorful textiles, ancient ruins and the incredible culture of the Inca
- It is home of one of the new seven wonders of the world
- The traditional dish in Peru is roasted guinea pic
- The famous potato originally comes from Peru – more than 3000 varieties of potatos can be found in Peru
- the country is also wellknown for their huge alpaca population which can be found everywhere in the Altiplano

General Information



**INTERNATIONAL
AIRPORT:**
JORGE CHAVEZ LIMA



BEST TIME TO VISIT:
APRIL - NOVEMBER



RECOMMENDED TIME:
21-30 DAYS



CURRENCY:
PERUVIAN SOL



SAFETY:
HIGH CRIME RATE



LANGUAGE:
SPANISH, QUECHUA &
AYMARA



GREAT FOR:
BACKPACKERS, ADVENTURE
SEEKERS, HIKERS, CULTURE

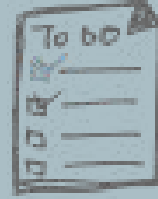


TRAVEL BUDGET:
LOW BUDGET - MID
RANGE



ACCOMMODATION:
HOSTELS, HOTELS,
CAMPING
(CAMPING ONLY ON TREKKING TOURS)

Pern



TOP 10 THINGS TO DO

- ☐ Visit Taquile Island on famous Lake Titicaca
- ☐ Take a walk with an alpaca in the Palccoyo Rainbow Mountain Valley
- ☐ Hike through the famous sun gate to see Machu Picchu
- ☐ Stroll through the colorful textile markets of Pisac
- ☐ Visit the sacred valley of Ollantaytambo
- ☐ have a look at the incredible salt flats of Maras
- ☐ Hike through Colca Canyon and watch the majestic condors - one of the largest birds in the world
- ☐ go sandboarding and watch the sunset in the desert of Huacachina
- ☐ take a selfie with an alpaca
- ☐ visit Paracas Natural Reserve - an unspoiled place where the desert meets the ocean

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How to get around?



Recommendation: take a bus service – we recommend you buying a bus pass (f.e. Peru Hop), high flexibility and you can explore the country on your own pace

Alternatives:

- flights within the country (main airports in Peru: Lima, Arequipa, Cusco, Iquitos)
- rental car (only recommended if you speak Spanish) **Please note: rental cars are an option in Peru but be aware that Peruvians are crazy car drivers and their behavior often leads to fatal accidents**



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Good to know!

- Buy Machu Picchu Tickets in advance – if you want to do the whole Inca Trail you should apply for it at least 6-8 month in advance
- Altitude sickness: some of the most popular destinations like Cusco or Colca Canyon are located on an elevation over 3000 meters – high enough to suffer from altitude sickness
- Coca leaves are common in Peru and can help avoiding altitude sickness - but be aware to get rid of it before leaving the country – in other countries it falls under the drug law and might be illegal to import **!!be careful!!**
- Never drink tap water in Peru (we also recommend you avoiding ice cubes in our drinks)
- Get a local sim card while exploring Peru – recommendations Claro network provider
- Remember that Machu Picchu can only be visited **ONE WAY** – so take a picture at the spot you are standing because you will not get the chance to return



NEED MORE TRAVEL INSPIRATIONS?

www.footprints2happiness.de

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