

FOOTPRINTS *to* 
Happiness

Pocket Guide

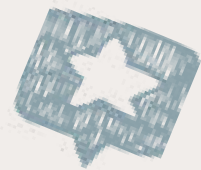
COSTA RICA





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Country Overview



- Located in Central America & surrounded by 2 countries (Panama & Nicaragua) and 2 oceans (Atlantic Ocean & Pacific Ocean)
- The capital of Costa Rica is San Jose – located in the center of the country
- Known for its diverse flora & fauna, active volcanoes, pristine beaches and incredible waterfalls & deep jungles
- Costa Rica means "Rich Coast" and the country was named by Christoph Columbus
- The traditional dish in Costa Rica is Casado - fried rice with black beans, meat, salad, sour cream and cooked bananas
- The famous arabica coffee bean is planted in Costa Rica and more than 150.000 tons of coffee are exported worldwide every year
- the country is also wellknown for the cute sloths which can only be found in some parts of Central - & South America

General Information



**INTERNATIONAL
AIRPORT:**
JUAN SANTAMARIA



BEST TIME TO VISIT:
DECEMBER - APRIL



RECOMMENDED TIME:
21 - 30 TAGE



CURRENCY:
COLÓN



SAFTEY:
LOW CRIME RATE



LANGUAGE:
SPANISH



GREAT FOR:
BACKPACKERS, ADVENTURE
SEEKERS, NATURE LOVERS

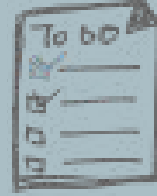


TRAVEL BUDGET:
MID RANGE -
EXPENSIVE



ACCOMMODATION:
HOSTELS, HOTELS, TREE
HOUSES, GLAMPING

Costa Rica



TOP 10 THINGS TO DO

- ☐ Meet the cute sloths at the Slooth Sanctuary in Limón
- ☐ visit a coffee plantation and see how the coffee comes from the plantation into your cup
- ☐ take a dip at La Fortuna Waterfalls
- ☐ relax in the hot pools of the Eco Termales in Fortuna
- ☐ walk around the volcano Arenal and see the lava fields
- ☐ visit a hanging bridge park & get up close with nature
- ☐ search for the fast hummingbirds in Monteverde and get inspired by those cute little birds
- ☐ visit a chocolate farm and make your own chocolate
- ☐ get lost in the nature of Corcovado Nationalpark with its deep jungle and pristine beaches
- ☐ visit Poas Volcano - one of the most active volcanoes in the country

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How to get around?



Recommendation: take a rental car and do a selfdrive through the country (4WD is not necessary to visit all tourist attractions, only for remote areas like f.e. Corcovado)

Alternatives:

- private or shared shuttle busses
- flying on domestic flights within the country (14 different destinations in the country)
- public transportation (busses) - cheapest option but takes much longer than any other transportation option



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Good to know!

- Costa Rica is one of the most expensive countries in Central America, it is also called the Switzerland of Central America
- even if it is a real small country (similar to the size of Switzerland) it takes long to get around because it is mostly only one street which leads from A to B
- Dengue fever is very present in Costa Rica - therefore try to always put on insect repellent during daylight
- Tap water is safe to drink in Costa Rica, but always ask the hotel or your tour guide before drinking
- Get a local sim card while exploring Costa Rica – recommendations Claro or Movistar network provider
- English is widely spoken but not all Costa Ricans can speak English
- wild animals cannot be seen everywhere, if you want to have a real animal encounter, try to visit the national parks early in the morning - also ask locals where to spot sloths , green frogs, tucans...

An aerial photograph of a tropical beach. The top half of the image is dominated by the fronds of several palm trees, which are slightly out of focus. Below the palm trees, the dark, wet sand of the beach is visible. In the lower center of the image, a man and a woman are lying on their stomachs, facing each other and holding hands. The man is wearing striped swim trunks, and the woman is wearing a white bikini. The bottom of the image shows the edge of the beach, with some rocks and a small pool of water. A semi-transparent white rectangular box is overlaid on the upper part of the image, containing text.

NEED MORE TRAVEL INSPIRATIONS?

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